



Category of Goals:

Assisting Clients in Developing “Running the RACE™” Action Plans

TransActive’s Standard of Care in providing advocacy and support to transgender children, youth and their families involves a 4-step process we call “Running the **RACE**” – **R**ecognition, **A**cceptance, **C**ongruence and **E**mpowerment.

This holistic approach can provide healthier outcomes not only for transgender and gender non-conforming children and youth, but for the entire family. We believe this Category of Goals will help us best serve and manage your needs.

I would like to (please check all that apply):

Gender Identity & Counseling Related

Understand my child better		Be more accepting of my child		Know if my child is transgender	
Get counseling for myself		Get counseling for sibling(s)		Get counseling for trans child	
Help spouse/family/friends “get it”		Decrease depression symptoms		Increase self-esteem	
Reduce traumatic symptoms		Improve coping skills		Improve relationships	
Other:					

School Related

Get training for school staff		Transition gender in school		File Safe Schools Act complaint	
Get training for school students		Find a new school			
Other:					

Legal & Safety Related

Change of name/birth cert.		Retain/Change child custody		File for protective order	
Get safety info		Find shelter resources		Receive legal aid	
File for divorce					
Other:					

Medical Related

Find supportive physician		Obtain puberty blockers		Obtain cross-sex hormones	
Obtain hair removal services		Obtain surgery for my child*		Qualify for Oregon Health Plan	
Qualify for Oregon Healthy Kids		Qualify for other insurance			
Other:					

*If surgery was checked, please describe:	
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Additional Needs

Receive drug & alcohol assistance		Obtain employment		Obtain housing	
Obtain financial assistance		Obtain clothing		Obtain food (TANF, Food Stamps, Oregon Food Bank)	
Increase accountability		Improve communication skills			
Other:					

Client (Parent/Caregiver) Name: _____

Client (Child/Youth) Name: _____

Date: ____/____/____